Be a Success
Proven Success Practices

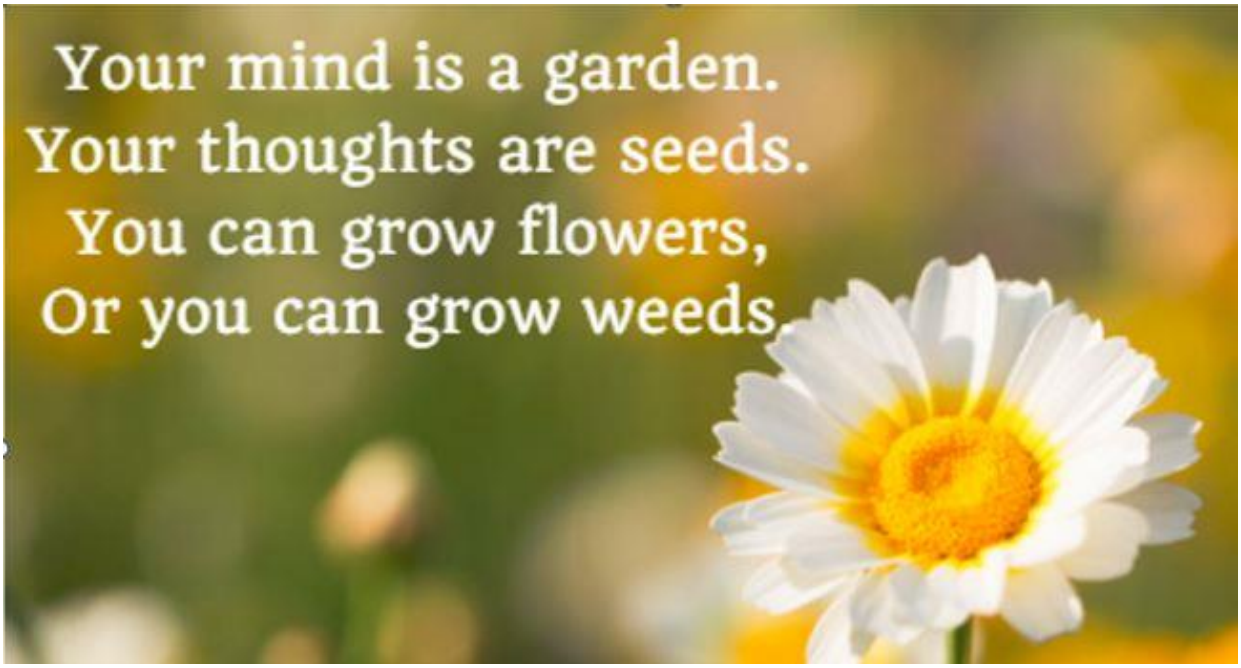
THEprofessor

BE A
SUCCESS
WITH
PROVEN
SUCCESS
PRACTICES

BE KIND
DO GOOD
IMPORTANT

Imagine being sung by little children

Have them sing “Please Make Peace” and raise the last note.



Be a Success with Proven Success Practices.

Great Ideas For your Success

Bits of Wisdom Things not taught today.

Kindness, caring, listening, asking questions, Science and thinking are Solutions to most problems.

Doing the most good gives you the most happiness **Think for yourself.** If you don't others will think for you at your expense.

Don't believe everything you hear or even see. Be skeptical. Ask enough questions to get all of the needed information correct. Use reliable sources especially not from hearsay or obsolete uneducated opinions from the past or old books.

If in doubt say Really! Prove it. Is it actual and factual truth.

Humans and computers need accurate information. I taught technology classes at college level for 30 years and still do.

Technology says Garbage In Gives Garbage Out.

Don't accept nonfactual info or opinions unquestionably. **Avoid** bad info and emotions as they will cripple you as will bad chemicals or unhealthy or **unknown substances**. **Avoid drugs**. Many may addict you even on first try and get a hold on you and will not let go. He snorted stuff down, soon they put him in the ground. She popped an unknown pill. It caused a painful death. Made everyone sad. Many lives have been needlessly ruined or ended by drugs.

Don't ride in a car with a driver that texts or looks at phone while driving because they kill many innocent people, often children, needlessly every year.

1

If you want to be a success, Think Success.

Decide what you want to do, **Plan** how to accomplish it. **Make a plan then work your plan**. Later evaluate and improve. You must have a burning desire to succeed. Part of success is staying alive.

Think Safety and Survival. Plan for them. Yes seriously. Many don't and many of die needlessly. Al walked on the RR tracks with his headphones blaring so he did not hear the train which killed him.

Think!

Experience teaches one should **be vigilant** for threats to your safety and health and **make** dealing with them the **highest priority** many who did not do that died.

Many people don't look as they cross a street. In England I had to look to the right before I crossed. Good thing I did because there was a very quiet car coming from the right. If I had not looked I would have been killed. This booklet is about learning from experience of others that can put you ahead.

Be aware of what can kill you:

Volatile liquids as gasoline can explode if there is even a small spark or heat nearby. Also never pour them onto fire.

Food Poisoning from unclean utensils, dishes, wrappers or food not stored in hot or cold or preservatives or insufficient cooking so as to not kill harmful bacteria and parasites.

Arguing with unknown, unstable, hostile persons. If they are agitated best to avoid them, speak calming words.

Negative thoughts, emotions and especially anger can cause one to do things we regret later. If angry remember that it affects your judgement so best while angry to defer action**.**

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What can kill you continued Being in **path** of moving objects (cars, trains, machinery) walking on RR tracks with loud ear fones (modern spelling) Being in a cold or hot environment without adequate protection. Being in environment with plants, animals, beings that can be hostile.

Avoid Negative people, as they are poison. Seek positive faithful friends. **Avoid gangs** as they can get you killed.

Enemies can disguise as friends or nice persons. Better find them out and avoid them, before it's too late. Ask them to say a prayer for the both of you in your presence. It will reveal if they are in a cult and their thinking. Ask them open ended questions to get their feelings on issues. Such as "How do you feel about….?" **Be aware of** your **surroundings** and to possible threats. **Be prepared**. Have a plan worked out in advance. **Think safety in everything you do**. Wear safety glasses and ear sound dampers. When pushing hard on tools think about what will happen if it slips. Most accidents are preventable. **Diving**. Find out how deep the water is before diving into it. Always assume guns are loaded. **Never point** a weapon at anyone or even put a finger on a trigger (some will fire with **very little pressure**) Never draw something out of a pocket and point it at an officer. Police officers have to deal daily with criminals with guns. Many innocents were shot because they appeared to be pointing a gun. Officers are trained to shoot first because there is often just not enough time and many officers have died because they hesitated.

Keep your **hands up** and in sight.

3

Think safety, practice safety. Learn First Aid and CPR. Keep an eye on children to protect them. Keep anything that could harm them out of their reach. When cutting only cut away from your body.

Water with electricity is dangerous. Also avoid downed wires and metal fences. Use safe practices when climbing or when anything is a potential risk.

The following is survival advice from experts.

If a **terrorist** or **active shooter** is nearby, Escape if possible, lock door, lights out fone on silent, be out of sight. Tell those around you that if the terrorist comes in they can either do nothing and die, or get his gun down and get him down and all will live but it will take several people. See videos on Internet on this such as Run, Hide, Fight. Lock the door, and put chairs and other things in the doorway.

If Terrorist enters **throw things at him to distract him**, Even a one second distraction gets you time to act to **push gun down**. This takes people out of target area. Push behind his knee (which causes knee to fold) **take him down one person on each arm and leg, then pile on top of him**. **Keep him down** use all force necessary to keep him down and get gun away. Put waste basket on top of gun. To not take gunman and gun out of action is a death sentence.

If you spot a person with a lot of something wrapped around them get away and call police may be a suicide bomber.

And the same for masked women and men because unless it is super cold or medical reason no one needs to hide their face in America as slavery and castes have been outlawed here.

4

Negative thoughts can lead to depression and can make you destroy yourself. A negative **t**hought (**ant**) are just little things and can be overcome. First resolve that you will not give them power over you. No matter how bad it is you are still the captain of your ship. You determine what thoughts you think. It is all right to think a fact thought that may be negative such as "I am depressed, or "I have failed" Check it to see if it is really true and if it is learn from it.

Think "So I failed what can I learn from this? Then make a new plan to achieve your goals. The best way to get something done, is to begin. If depressed your mind will sometimes make it even worse and you must reach out for a little free help from a crisis line.

586 307 9100 800 273 8255

Take one step at a time. If it is to be it's up to me.

Your life touches many others in ways you are not aware of. If you die you would leave a black hole and cause others sorrow. Your loss is their loss also. Even one who has few or no friends has the potential of helping oneself and others. The world is full of lonely people and many who desperately need a few minutes of kindness.

Great satisfaction can be yours in showing kindness to another and can make a huge difference in people’s lives. **Better to** light a candle than to curse the darkness. **Thoughtful defensive non distracted driving saves lives.** If someone looks like they may change lanes or pull out in front of you get a foot on the brake just in case. Use lights at near darkness and during storms. Being unprepared, not watchful, or distracted can cause loss in life.

5

If you **are in** the **least doubt about a decision** or if much emotion is involved it is **best to set it aside** for a while, sleep on it to let the subconscious mind work on it. Since much of the mind is subconscious it is wise to use it. If there is not time than **at least seek calm-wise council** and listen. Take time to ask infinite intelligence what to do. Then listen for the quiet answer that may come when you wait for it and are willing to receive it. God sometimes gives answers through your own thoughts.

Search for the **best**, **most wise action**.

Be sure to **consider** all **alternatives** and **possibilities**.

Take Time To **Think**. It Is The Source Of Power.

Take Time To **Read**. It Is The Fountain Of Wisdom.

Take Time To **Love**. It The Greatest Thing In The World. Love, positivity and cheerfulness makes everything a little easier. Take Time To Be **Friendly**. It Is The Best Way To Get Along With Others. I have found that even friendly acquaintances may help you greatly. I was told I was hired because I had smiled and was friendly.

Take Time To Do What Jesus Taught. (Love One Another, **Kindness**) It Is The Key To Heaven.

Take Time To **Plan** And **Work**. They Are Keys To Success.

Those who are successful think and work at being a success. **Get knowledge** that will let you use opportunities as many job openings are unfilled because no one has the knowledge needed. Some employers will even pay for training.

6

Ben Franklin's wise Maxims:

Silence: Speak only what will benefit others or yourself.

Order: Let all things have their places. Let each part of your business have its time.

Resolution: Resolve to perform what you ought. Perform without fail what you resolve.

Frugality: Make no expense but to do good to others or yourself; that is; waste nothing.

Industry: Lose no time. Be always employed in something useful. Cut off all unnecessary actions.

Cleanliness: Tolerate no uncleanness in body, clothes or habitation.
Tranquility: Be not disturbed at accidents, common or unavoidable, or at trifles.

Temperance: eat not to dullness, drink not to elevation Sincerity: use no hurtful deceit, think innocently and justfully and speak accordingly,

Justice: wrong none by causing injuries or omitting your duties.

Moderation: avoid extremes, forebear resenting injuries so much as you think they deserve

Wisdom and Humility: Imitate Jesus and Socrates. Avoid assertive criticism rather say "It appears to me… or If I am not mistaken…" Ask Questions

Ben Franklin's schedule. Early to rise. Ask What Good can I do today? Plan, Set time aside for thinking, reading, and for work. Before bed ask What Good have I done today? Evaluate actions. Get adequate sleep.

The greatest good is to do good for the community.

7

Quitters don’t Win & Winners don’t Quit.

Desire success. Desire that goal. Be Determined.

Set some time aside for reflection and planning.

If you fail to plan you are planning to fail.

Think about what to do to be a success. **Get the needed knowledge**, make a plan, figure a way. Find a need that you can fill and people will pay you, just one good idea is sometimes all it takes.

Set aside time for thinking.

James Allen in As a Man Thinketh said: A **wise** person: **controls** his **thoughts** and thereby his actions; spends more time in study and thought; questions most everything; tries to find the truth; makes the best use of his time; avoids time traps such as entertainment. A wise person knows that **success**, happiness, worry (is a waste of time) love, suffering, health and actions all **stem from thought**. Character is the sum of ones thoughts. You are and do what you think.

To change yourself change your thinking. You have freedom to choose your thoughts. If you want success you must think success.

You are completely responsible for your own thoughts. You can't blame anyone else. As you continue to think so you will remain. You are limited only by the thoughts you yourself choose. **Wise ones organize**, prioritize control, & discipline their thinking. **Reject negative**, **useless**, idle, irrational, **emotional**, **worrisome**, lustful, purposeless thoughts.

Many problems are caused by poor management.

8

Most problems are **caused by failing to get enough information**, **and** also by **insufficient thinking**.

Do what you can one step at a time. When angry count to 100 before you speak. Think of the consequences first. To test ideas ask: Is it the **right** thing to do? Is it **fair** to all? Be observant.

Look for opportunities.

A good technique in getting ideas is called **brainstorming**. Gather 1

or more thoughtful people together and brainstorm a question. Write down every idea no matter how trivial without question for twenty minutes. Then later go over each idea looking for other ideas. Still later one can sort out the better ideas. **Seek expert advice** from more than one source when making decisions out of your area of knowledge. Surround yourself with the best people you can find.

Knowledge is power. Learn a skill or get knowledge that businesses and people will pay you good wages for. Chose a job you love and you will never have to work a day in your life. **Automation will soon replace thousands of human jobs.**

Don’t go into jobs that will be automated.

Education pays. There are thousands of free classes online, including college and vocational classes. Do a Google search.

YouTube has millions of free educational videos. Also you can take free or low cost classes to get knowledge then take a test for credit.

People with degrees make more money but sometimes the knowledge not the degree is what gets the job. Community colleges are a best bargain. **Khan Academy has hundreds of free video lessons** on many subjects.

9

Many people get great satisfaction in doing good things, that leave our world of people a little happier. The world has many lonely, lost and needy people. Young people need good guidance and examples. **Look for opportunities to do random acts of kindness.**

Instead of paying me back pay it forward, help another. Just being friendly smiling and saying hello is an act of kindness. Buy a meal for someone, or help someone**.** All humans need to feel loved and secure. The world can be cold and cruel. **Even a small kindness can bring great happiness to both giver and receiver**. Everyone can do little things that benefit mankind and that may make a difference in bringing happiness. I am an old man and find that little kindnesses that others did brought me much happiness as do remembering kind acts I did for others that gave me satisfaction for years. **Happiness after all comes from inner satisfaction.** Music can also be a great source of joy. Find music you like and perhaps even learn to play an instrument. great for your maintaining a sharp mind.

To many, **the greatest happiness** comes from knowing that they have helped needy others which makes the world a better happier place. Other people are also your greatest resource. Likability works and benefits all. First impressions are important. Look them in the eye, smile, say Hello

A recent Harvard 75 year study showed that **good relationships lead to much happier lives and living longer.** See The Good Life Robert Waldinger TED Talk on YouTube.

https://www.youtube.com/watch?v=8KkKuTCFvzI

10

So much information is available now that it is difficult to sort out which to look at and what is true or not. Our news is censored and biased. The Saudis and special interests own large percentages of our news media resulting in news that is slanted to their wishes.

Look for reliable sources that quote real sources. NPR, PBS **and a few independent media are good.** Google News gives several sources. But be skeptical. Ask enough questions to get all of the needed facts and verify them. **Limit your input to things that matter**. Eliminate trivial topics and outdated material. **Learn how to learn.** Find what works for you like hand printing notes, quizzing self, & flash cards. Learn how to take **quick notes**. When time is short use abbreviations. Leave out vowels, Later rewrite the notes while the lecture is still fresh. **Review and Repetition works**.

Taking notes works. Cursive is faster than printing. If you have a fast speaker, use a recorder. Think and Ask the 6 learning Questions What, Who, Where, When, How and Why. **Beware of** Untruths and **half truths**. Insufficient, thinking, fact gathering and not caring are the major causes of deaths and suffering. Use scientific method.

Science applied with wisdom has done more for mankind than anything else. **Seek the truth**. Don't take anyone's word for it require proof. For fast Knowledge first consult **Wikipedia.** The following have millions of free books: Internet Archive

https://archive.org Project Gutenberg, International Children's Library. Also see book reviews. Library of Congress has much online. Google. Also see your local research librarian.

11

Best ways to get along with people time proven. Always do to others as you would want done yourself. (The Golden Rule) First impressions are very important. This includes body language.

Being friendly including a pleasant greeting and kind words. I have seen this pay off many times. Look directly and face the other person. **Listen** to them and indicate you heard their point.

Sometimes summarize what they said. Look at things from their point of view. **Find common interests on things.** Establish rapport, common ground, The key is to learn how to become like them. **Avoid criticizing, negativity and direct contradiction.** Don't use

"absolutely, certainly, undoubtedly." Rather say "It appears to me…

or If I am not mistaken…or imagine… What if" **Stick to the positive.**

Look for the good in others and things. I have seen people get fired or relations fail because of negativity. If criticism is to be done it should be done in a positive, constructive way. Begin by criticizing oneself first. Franklin said Things unknown should be proposed as things forgot. Become a humble doubter. **Ask Questions like Socrates.** Know what you want listen for what you are getting.

Change what you do until you get what you want. People like to hear their own name in a greeting and in positive ways. **Praise others often. Find something good to say even in a bad situation.**

Learn how to facilitate people believing in you and accepting your ideas. People skills are a most important asset. There are lots of good books on this and other important skills like how to improve your memory.

12

How to Win Friends and Influence People by Dale Carnegie has great ideas some of which are: **To influence others talk about what they want** and **show them how to get it.** “First arouse in the other person an eager want.” If you want people to like you become genuinely interested in them. Make a good first impression. **Smile**. It costs nothing but creates happiness and sometimes pays well. “Be a good listener. encourage others talk about themselves.” Talk in terms of the other man’s interests. Make the other person feel important.

Avoid arguments. Use “I may be wrong but…” **Ask questions.**

Find the facts. Use “It may appear that…”

Show respect for others opinions. Avoid telling them they are wrong and if you are wrong admit it quickly. **Find things you can agree on.** Like Socrates **ask questions** that will get a yes answer. Get him saying yes. Let the other person do **most** of the talking. Plant an idea. Later let them think the idea was theirs. Try to see things from the other person’s point of view. Be sympathetic with others ideas and desires. Refer to mistakes indirectly so as not give offense. Talk about your own mistakes first. Ask questions instead of giving direct orders. Could you please do… You might consider Give suggestions. Offer a challenge. Let the other person save face. In other words be considerate. **Use encouragement.**

Encourage even the smallest and every improvement.

Make things you want done seem easy to correct or do.

Make them happy about doing what you suggest.

Give honest appreciation.

13

I have listed over **5,000 scholarships on my website** and more information to help students and job seekers.

See **http://**do**good**forall.today

Use microphone on your fone to do a quick Google search for more information on whatever you want to know.

I have observed that if listeners synchronize with the person talking to them visually, and vocally it shows the other person that you are listening and that you are like them. Facing them, matching the speed and tone of voice creates a psychological bond.

We all like people who are like us.

Express that you desire to be of help to them. Get their email or texting address. Stay in touch with those who can be of help to you.

Be careful of what you do on social media as it is recorded for posterity in archives and employers may see it. Many people have been fired over something they posted online. **Avoid bashing people** or putting yourself in bad light. Future employers often look at candidates actions on social media. Your Google searches can be bought by anyone such as a future employer. If you had a health class and searched for a terrible disease a future employer may see that and since he has many applications may throw yours away just to not take a chance that you might have it. **Your reputation precedes you**. **Actions speak louder than words**. **Your attitude precedes you**. Your body language and gestures are stronger than what you say. **Being diplomatic** and **friendly pays much better** than complaining and negative actions. Friendship increases by visiting friends, but not too often.

14

There are better ways of resolving disputes than killing.

(diplomacy, discussion dispute resolution, and mediation) Look at two family men shoving a sword thru each other in a war.

Neither one has anything against the other.

What does painfully killing each other solve?

Humans should always be courteous and civil.

Humans are Humane, monsters aren't. Humans

cause no harm by our actions or inaction.

Because if we don't there is so much power now available to individuals that misuse of it can cause our extinction.

Active Listening is a great human relations tool. Acknow-ledge points they said or summarizing shows you are listening and care.

Great for dealing with emotional complaints.

Things to learn that may save your life: Basic survival, How to build a fire without matches. How to put out fires. How to make a solar still to get pure water, find food, Have a good first aid kit.

Most people are not prepared. Read a survival book.

Visit **scouthandbook.info**

Learn self defense because it may save your life.

Recognize that a threat to one as a threat to all. Divide and surprise attack are proven formulas for victory. To disarm the people is the best way to

enslave them.

Too many have died needlessly and it continues today around the world. 10% of conflicts are caused by differences in opinion and 90% by the wrong tone of voice. When there are two groups who do not understand each others language conflict resolution is difficult.

In disputes they find it easer to

fight which often leads to killing. There is a wonderful **solution to non understanding between languages**, an **easy International Vocabulary** which speakers of English already know 2000 of its words. It uses only 16 grammar rules with no exceptions. **It is learnable to a basic fluency in 1 month**. **It is the easiest, fastest and the least cost solution.** It helps language students learn other languages faster. it allows communication between different languages (in 1 month) which is much less time than learning any other language which takes years. It is the most time and cost efficient solution to the language misunderstanding problem. It is called Esperanto. If children spent 10 minutes a day learning this our planet would have a common language in a few years and many lives would be saved, some conflicts and wars avoided because humans need a common understandable language especially in emergencies.

And vacations are enhanced because you can get information from people who live where you are going. For a free book see

http://easiestlanguage.info

Join **Easiest Language** groups on Internet and chat with people in over 100 countries. Make friends Save money on travel. I had friends who traveled around world staying in friends houses. Had a great time. Get easy language college credits in much less time. Ben Franklin said **Dost thou love life? Then do not squander time, for that's the stuff life is made of. Lost time is never found again.**

Waste not life as in the grave will be sleeping enough.

16

Ben Franklin a very wise man, stated I will speak no ill of anyone because he found that criticism made enemies. A true friend is the best possession. Hear no ill of a friend, nor speak any of an enemy. **If you would reap praise you must sow the seeds, of gentle words and useful deeds.**

People want to feel important. Make them feel important.

Instead of condemning try to understand.

Find something to praise about the other person.

Express appreciation often. If you want someone to do something you need to make them want to do it.

There is great Importance in maintaining contact with and good report with family, and friends. Automation will replace many workers in near future. See "Humans Need Not Apply" on YouTube. Life is rare in the Universe. **Science gives us accurate knowledge, engineering applies that knowledge. Technology gives** us wonderful **tools** but applying technology without love, kindness and wisdom is dangerous. Learn to **keep calm**, **thoughtful** and in control **regardless of situation**.

This gives you a great advantage.

Nothing is as important as this day and the Love and Life in it.

Diplomacy gets you far more than complaining or rage. Nobody likes complainers. Look for opportunities. Be your own salesman of yourself. First impressions are priceless

You don't know how much you know until you know how little you know. You Know! Keep up to date on important things. Read more, listen to informative podcasts. Surround yourself with positive, wise, drug free, knowledgeable friends.

17

What is the solution to people mistreating each other? We need an expectation that all humans be required to practice such as: **Humans are Humane Monsters aren't. Cause no harm by actions or inaction. Make that the expectation and Law and enforce law to protect all.**

Demand responsible behavior from all.

Another way of expressing this is the Golden Rule which is: Only do as you would want done to yourself. Wise ones like Jesus for centuries have advocated this. Confucius, and Socrates put it in the form of the Silver Rule. Do not do to others what you would not want done to your self. It should be taught to children. Law is an agreement on how things are to be done. Things work better with law rather than brute force.

History shows we still need defenses. Indians sometimes had forts.

Cities and outposts had walls. **Houses and cars have doors and locks. Use them.** There are people who would steal your things so don't make it easy for them. Keep your valuables out of sight, locked up, and your data password protected. Be watchful. Learn self defense. **Be Prepared**.

We should help create and maintain a caring world for ourselves and those with whom we are in contact daily. We never know when we may need help ourselves. You have the power to increase your happiness and make a difference by looking for opportunities help others. It is better to light a candle than to curse the darkness. If everyone improved their own area what a wonderful world this could be. " **Be happy and cheerful. Give others your smile.**

18

With so much mis-information out there how do we get the Truth?

First try to get good verifiable sources. Be skeptical ask enough questions so as to get needed information. Then verify from several reliable sources. Insufficient facts always invite danger. **Question everything**. Don't assume. Ask why. Think.

If you train your brain to be scientific minded you have much better understanding. **Learn how everything works** because being scientific minded gives you an advantage over the many who are living in fantasy ignorance land. Example learn how to set up your own solar panel for free electricity to charge your fone and laptop.

You can set it up in a window and you will always have power and light even when the rest of the world is dark. Do it yourself for under $200. Use Monocrystalline or new Perovskite panels as they are more efficient. Point their flat area directly at the sun at mid day.

Affix them to a rack made of inexpensive PVC pipe using zip ties.

Paint ties white so they are not damaged by sun. Put this rack in a window or outside. Best avoid roof if you have snow. Because they may need to be brushed off. Add a charge controller to prevent boiling the battery. Deep cell golf cart batteries are best. Get an inverter converts DC to AC. so you can use your regular electronics.

See **http://dogoodforall.today/freesolarpower.pdf**

Real knowledge is to know the extent of one's ignorance.

Study what is most likely to happen in the future so you will be prepared. Look especially for opportunities.

Look at the Occupation Outlook Handbook online.

19

The most important words in human relations I ADMIT I MADE A MISTAKE (the most important 6 words) I AM PROUD OF YOU (most important 5 words)

WHAT IS YOUR OPINION (most important 4 words)

IF YOU PLEASE (the most important 3 words)

THANK YOU (the most important 2 words)

We (the most important word)

I (the LEAST important word)

Put more “We” in your conversations. In disagreements work on common interests and solutions. Being diplomatic and friendly pays much better than complaining and negative actions. Beware. What you do goes around and later comes around. Your actions may eventually come back to you.

If it is to be it's up to me. When the going gets tough the tough get going. Know yourself. Be aware that the world is not a nice or safe place there are those working to take away your freedom, valuables and income. Being aware of who and what is around you is a great idea. **Planning in advance what to do** in hostile situations can save your life. Because automation will within a dozen years cause much unemployment if pandemic or war doesn't happen first, we **will need to have a basic income for all** which can be done by putting solar panel farms all over on public property then give an equal share of the huge profit from the free solar energy to every citizen. Everyone could still work if they want to. This could end welfare and lessen crime. Also read up on the Venus project and Jacque Fresco.

Wisdom stands the test of time.

20

Your Unclaimed Family Money Someone in your family may have free money Visit my website http://dogoodforall.today for links to state and federal money sites and instructions. But also note that there are thousands of free classes now online knowledge can be $..

Scouting offers great opportunities camping, hiking, flying airplanes, canoeing, horseback riding, on High Adventure Trips, Philmont Scout Ranch, D-A, Parks. **Scouts learn leadership, success, people skills, survival skills**, (see picture of solar still on cover Just a piece of plastic can save our life.) emergency preparedness, CPR, First Aid, safety, swimming, life saving over 100

merit badges on many occupations & interesting hobby interests such as: Electronics, Energy, Engineering, Environment, Medicine, Boating, Music, Robotics, Salesmanship, and many more. A Scout is Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean Reverent. Scout motto is Be Prepared. Slogan Do a Good Turn Daily.

See more at http://scouthandbook.info

A few thoughts from Grandpa's experience: **Great minds discuss ideas**, average minds discuss events, small minds discuss people.

Have the courage to speak the truth and stand up for right. **To see the right thing to do and not to do it is cowardice.** Observe the good points of others and adopt them. Observe bad points of others and correct them in yourself.

Do not waste your time as it is valuable and priceless. **You can never get back a wasted day. Life is short. Time is money**. **Live as if it is your last day alive as it could be.**

21

When you meet new people that you want to keep as friends or acquaintances make yourself memorable. Find something that sets you apart from others give them something to remember you by. I am the Technology Professor I can help you with things. **We are beginning a trans-human era** with implanted devices being put into people. Blind will see. Deaf will hear. Paralyzed are walking.

Artificial arms and legs are now working. Artificial organs are coming. Science, kindness and wisdom have done more for mankind than anything else.

Mu chips as small as this dot · will be put into people and nearly everything else to track things and for inventory and theft prevention.

Mu chip powder can be sprinkled on produce which can be then be tracked and lives saved. Read up on Mu chips. Bots will do jobs for us. Robots will be serving us. Robo cops may police us. We need to keep our brains active by thinking. Exercise your brain do addition and multiplication in your head when bored. This can be beneficial and improves your thinking. Eat properly to feed your brain better.

See Dr. Daniel Amen book Use your brain to change your age so it functions as if it were younger.

Smoke and CO2 detector alarms with good batteries and fire extinguishers nearby save lives. Avoid natural Christmas trees as they ignite easily and burn fast. It’s the fumes that kill you not the fire. Make an escape plan and make sure everyone knows it and also to get down low to avoid fumes and most important get out. I speak from experience I was a fireman.

The Universal Declaration of Human Rights

lists our most important human rights.

The basic law of our land is the US Constitution which purpose is to establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity. The Bill of Rights is first 10

amendments. First Amendment guarantees the freedom of religion, freedom of speech, of the press, of assembly, and of petition to the government for redress of grievances. Privacy is important, otherwise risk of identity theft, they can get your money, People government and corporations are collecting info about you, can have wrong info, cost you jobs, or could use against you empty your bank account or run up charges on your credit. **Don't give out your personal information.** Employers and Government, can & do spy on your email, personal calls, Internet usage, banking, credit, locations, your Google searches, Facebook and more. **Don't post anything bad or "flame" others on social media** because there are others who relish attacking you if they disagree. Of course **we all need to stand up for what is right and have the courage to do so**.

There are too many cowards who do not. If you don't stand for something then you stand for nothing. **We veterans are proud to have stood up many times** for what is right and continue to do so in spite of threats. To not do so would be cowardice. **Don't fall for anti hate speech laws as it is just a ruse to stop speaking the truth** about terrorist groups and their religion. 23

Learning from my experience and history can serve you well and **may even save your life**. It is far better to learn from others experience and from history because you don't go thru the pain and suffering and sometimes dying.

Here are a few things that history shows us: All persons die, many before old age, many from drugs, many because of criminal behavior, many because they did not seek or get timely medical treatment, many because of their own unthinkingness, and many because of bad associations. Many died because they lived in a time or place of rule by brute force instead of rule by law. For many thousands of years our ancestors lived in tribes which were constantly at war. Look at a World Almanac history section shows endless and **needless** wars usually over land or religion. Once rule of law is established such as in The USA most of the fighting is resolved by law and by law enforcement. If you have a problem you call 911. In addition there is Human Rights Law such as our Bill of Rights and The Universal Declaration of Human Rights.

Some rights are: right to Life, liberty, security, not to be a slave, no cruel treatment, trial, innocent until proven guilty, privacy, to own property, freedom of thought freedom of speech and media, take part in the government, social security, fair pay for work, adequate standard of living, and education and mentions that everyone has duties to support these rights for all. History also shows us that there is at least one big ideology that has violated these rights for over 1400 years and worse continues to not accept this Declaration of Human Rights even today.

24

This world domination cult has nearly 2 billion members who may secretly support it's own Sharia Law which **denies equal rights to women, girls and non believers**. Studies show they are responsible for millions of deaths of innocent people such as farmers, shoppers, even children world wide. (9-11 over 3,000 innocent people killed) Boston Marathon, church and shopping bombings. **Hundreds were murdered last year** and **this continues into today with endless bombings & killings** worldwide. **This is verifiable** by checking local news accounts also a good source of actual facts is

“thereligionofpeace.com” And they hide their true plan like a stealth enemy or cancer continually growing bringing in thousands more of them and having babies by multiple wives who can go on welfare so we end up supporting them. They are ordered to stay low key and not cause trouble. Meanwhile they infiltrate government and businesses.

Finally they get a majority and take over. Then their peaceful character reverts only to their members and all non believers get taxed or killed and all other religions are stomped out. **To verify this just look at** any country they have taken over such as Iran, Pakistan, Afghanistan, Syria, Iraq.

Be aware that some wars are for profit, "Helliburton" made 39

Billion on our young people dying in Vietnam. Follow the Money.

Wars are a waste as they destroy people’s lives.

Big Brother is getting too much into our personal business.

Read the book 1984 By George Orwell. Also Lord of the Flies. And enemy of the state. They have useful knowledge for you.

25

We learn wisdom. **The only learning is self-learning**. Life has its happy times and sad times, **Learn from them** but still take moments to enjoy, beautiful flowers and clouds. Self esteem, what you think about yourself is very important. Look at what you have done and you will see that you have done a lot and that you are a capable person and you can improve even more.

Today is a new day. God gave me this day to use as I will. To waste it, or use it for good. What I do with this day is important, because I have given one day of my life for it. When tomorrow comes, today will be gone forever. Remember I paid one day of my life for it.

Hope I will not regret the price I paid for it.

On many a grave headstones glisten of those who heard but wouldn't listen. Victor RaCosky said "You are who you run with. and When you think you are down and out hit them one more time."

Sometimes epitaphs are wise.

Be thankful for what you have-Life. Do the most good while you can before it is too late. Use time wisely waste it not for all too soon this (the grave) will be your lot.

The worst evil of all is uncaringness.

We veterans are not cowards we have stood up to those who abuse helpless women and children and those who kill innocent people.

We are against abuse of women and girls. slavery, oppression, and killing. I speak out because to not do so would be cowardly. Join me in speaking out against abuse.

26

A hero is a person who does what was right or who is intent on making this a better place for all. **If you don't stand for something you stand for nothing.** A lot of cowards just take the easy way out and don't even try. Join me in standing up for freedom with liberty and justice for all.

Do It Now. I expect to pass through this world but once. Any good thing, therefore, that I can do or kindness I can show to any fellow human being let me do it now. Let me not defer nor neglect it for I shall not pass this way again.

Examples of Slogans of Best Human Conduct. This is not a book on religion but does promote good behavior. Had in mind examples of great leaders and started with WWJD being that our country was founded on Christian principals. WWJD was on a little pin that has been around for many years. OK What Would Jesus Do? Well He taught exactly what most of the world considers as the most accepted rule for human behavior the Golden Rule **Only do as you would have others do to you.** And he Taught Love One Another, not to kill, steal or commit adultery. He did not own slaves. He stopped a woman from being stoned to death told her to go and sin no more.

He was kind to children and everyone and had no wife. He did not participate in any wars.

If we ask what would Confucius Do or Socrates, Buddha, Gandhi, Dolly Lama, Martin Luther King or most heads of religions the answer would be the same as would be their actions. The Golden Rule is the Accepted World Standard but it is **not** found in the Quran which allows killing of non believers & disobeying wives

27

Historians ask WWMD What would (did) Muhammad Do. His life and actions are very well documented. He is considered the perfect example of human behavior by 2 billion people. Here is the historic **truth** like it or not.

Verified by many accurate biographies as Ibn Ishaq's Sirat Rasul Allah, translated by A. Guillaume, Oxford University Press 2009, Bukhari, Quran, Sira and many Hadiths.

He told others that God spoke to him often. He tried for years to convince others to join his cult and only got a few followers. Then he came up with great motivational ideas of jihad which is war ordered by God to expand Islam and that followers were not allowed to leave under penalty of death and all peoples being forced to submit or be killed or sold as slaves. He became a warrior who participated in raids on caravans and against mostly peaceful people. He ordered his men to loot, plunder, kill all of the men and boys, and take all of the women and children as slaves. He encouraged beheadings and he demanded a 1/5 cut of all bounty and women for his harem. He ordered all women to submit to men and had a young mother stripped of her nursing baby & painfully stoned to death. He had repeated sex with a 9 year old little girl. Since he is considered the perfect example this is now legal in Sharia law today. He presided over the beheadings of

~700 peaceful captives. They made a lot of money out of selling slaves for 1,400 years continuing into today (slavery is still legal in Sharia law today) He had anyone who disagreed with him or even doubted he was God's spokesman, killed and this has been the practice for 1,400 years continuing into today. As king of Arabia his warriors bloodily conquered the Middle East, and many other parts of the world including much of Africa killing 250 million mostly innocent peaceful persons, selling their wives and children into slavery and stealing all of their property. He was a big cult leader but as an example of human conduct?. We ask should we use WWMD (did killing, raping, slavery, women abused) as a standard of conduct? It appears better to use WWJD (did and taught love and kindness) or the secular Humans are Humane cause no harm by actions or inaction.

28

Do good to thy friend to keep him, to thy enemy to gain him.

The sleeping fox catches no birds. Up!

Tis easier to prevent bad habits them to break them.

Who is strong? He that can conquer his bad habits.

Neglect mending a small fault and soon be a great one. A stich in time saves nine. Don’t underestimate the power of small things. A loose nut can cause a hatch to open and sink a ship. Beware of little expenses. A small leak will sink a great ship. Love your enemies, for they would tell your faults. Good sense all need, few have. Thou can’st not joke and enemy into a friend, but thou can a friend into an enemy. Think before you speak. Don’t throw stones at your neighbors, if your have windows. Want a faithful servant? Serve yourself.

God helps them that help themselves.

You ought to be an honor to your family. Glass, China, and reputation, are easily cracked and never well mended. If you do what you should not, you must hear what you would not, **Well done is better than well said.**

When there’s no law, there’s no bread.

Great talkers, little doers.

A penny saved is a penny earned

Keep thy shop and thy shop will keep thee.

Drive thy business or thy business will drive thee.

A good wife and health is a man’s best wealth

29

What it is Serving God, is Doing Good to man **Search others for their virtues, thyself for thy vices.**

Pay what you owe, and you'll know what is your own.

Borrowing will go a Sorrowing

Nothing is so popular as goodness. God gives all things to industry.

Early to bed and early to rise, makes a man healthy, wealthy, and wise. Diligence is the mother of good luck and overcomes difficulty.

Tis easier to suppress the first desire, than to satisfy all that follow It.

Let my discontents be secrets. Blessed is he who expects nothing, for he will never be disappointed. Haste makes waste. Folly & Wickedness shorten life. Anger is never without a reason, but seldom without a good one.

He who falls in love with himself will have no rivals.

When the Wells dry we know the worth of water.

Forewarned, Forearmed Death takes no bribes.

One Today equals two tomorrows

Half Wits talk much but say little

Many a man thinks he's buying pleasure when he is really selling himself a slave to it.

Eat to live, live not to eat.

The way to see faith is to shut the eye of reason.

To lengthen thy life, lessen thy meals.

Observe all men: thyself most.

Happy Wife, Happy Life

Better slip with the foot then Tongue.

Fish and visitors stink after three days.

30

Those who are wrapped up in themselves make small packages.

Leisure time is a good time for doing something useful Diligence is the mother of Good Luck

Would you live with ease, do what you ought, and not what you please.

Industry, Perseverance, Frugality make fortune yield.

Hide not your Talents, they for Use were made,

What good is a sundial if it sets in the shade?

A lie stands on one leg, truth on two.

Whatever's begun in anger, ends in **shame**.

Listen to reason or she'll later hit you.

The things which hurt, Instruct.

A soft Tongue may strike hard.

Blame all and praise all are two blockheads.

Paintings & fightings are best seen at a distance.

End of Franklin Quotes

For 5,000 scholarships, see http://do**good**forall.today

Ideals ONE RELIGION **LOVE**, ONE CODE **GOLDEN RULE**, ONE GOVERNMENT **FREEDOM**, ONE LAW **JUSTICE**, ONE

EDUCATION **TRUTH**. ONE METHOD **SCIENTIFIC which is asking Questions and finding the factual truth**, ONE

EXPECTATION **HUMANS are HUMANE**, ONE POSTULATE

WWJD?, ONE WAY **KINDNESS**, ONE MOTTO

BE KIND DO GOOD.

Grandpa's experience Quotes: **Question Everything**, Bring No Harm by Actions or Inaction, Join With Me to Stand Up for Freedom With Liberty and Justice for All, **Kindness** and **For Completely Free Speech**, and **against abuse of women and against, subjugation, slavery, cruelty and killing**.

Think for Yourself, avoid drugs, gangs, negative people, texting while driving, Think Safety, Be Prepared

If you want to be a success, Think Success.

Decide what you want to do, Plan how then work your plan.

Ask daily “What Good can I Do Today?”

32

Here are some hidden happenings that may affect your future.

See this and many more of my useful free books on amazon .com search for Wesley E. Arnold. Here are a few things useful for you to know about. Important don’t ignore these they will be affecting you. IDENTIFY THEFT IS VERY COMMON 60 million

Americans affected, Millions lost money. Get informed Police Dept and Government officials have information.

FONE SCAMS Best method is don’t answer unknown numbers but **be sure you have voicemail set up to get emergency or important messages** you need to act on and you can delete the rest. **Never say yes to a stranger call** because they can record that and use that for permission to charge you for things. Never press one or more buttons on your fone during a call. That can actually enable them to use your fone for calls. You will get the bill later.

You may get a call that your computer has a virus, or there is a warrant for an arrest, or some other crisis. Seniors also get calls their grand children are in trouble, accident or jail, or charges on an account or want you to go get a gift card and send them a picture of the number. All of these can steal your money.

The INFORMATION EXPLOSION is growing. Much is trivia, advertising, propaganda, lies and half truths. It is difficult to discern the truth and easy to miss what is really important.

Computers and humans need accurate factual information. “If you put garbage in you will get garbage out is true for computers and humans. Skip the trivial as

much as possible, decide in advance what you want. Use good sources. Avoid hearsay or opinions from uneducated, gossipy or uninformed persons. Be skeptical. Don’t believe everything you see and hear without questioning it. Too little or wrong information invites problems as does uncaring.

Verify info. check sources. If in doubt Ask really? Prove it.

Ask the 10 Proving Questions: WHAT, WHO, WHERE,

WHEN, HOW, WHY, Is it up to date, Is it verified factual, Have enough questions been asked for full understanding and importance, What is best use for the good of all humanity.

Besides the huge amount of MIS INFORMATION there is now a threat of fake media created by video programs using artificial intelligence that can create a video of anyone that is so realistic that their own mother can’t tell the difference between the fake and a real video as it clones a person’s own voice and facial expressions. A programmer can put a CEO’s remarks into many languages and show him saying things he never said by just typing in the words. This will be used in TV

commercials and movies but could be a threat as an enemy could made a fake video for example, of the president saying something that could cause a major incident because the fakes are so realistic. This means that you can no longer trust any video or audio on the TV or Internet. All you can do is use good reliable sources. Most people will not know about fake media. Many accept everything they hear without question or thinking and some use herd mentality, not

thinking about whether an item is true or not possibly leading to mob actions and violence.

TV and radio spots often promote agendas of special interest groups corporations. Political action committees who often have names that sound like a worthy cause but are really a ruse to mislead the masses or sheeple (people who follow the crowd like sheep without question). It is easier let others think for them than to take action. If a lie is told repeatedly and for a long enough time, it can become accepted as truth. That is how Hitler accomplished many terrible things. And of course, once power groups get control of the media they influence the unthinking masses of people to follow them. A well known and used trick is to create a diversion to get the masses thinking about something else. Keep the masses distracted and they can be manipulated and ruled. Look at dictatorships that always seem to have a war to distract the aggressive young men. Being skeptical and Questioning is safer now in this “misinformation” age. Mis-information is increasing around the world and is being put out by oligarchs and tyrants. Example look at the lies put out by Putin in 2022: “We are not going to attack Ukraine or harm civilians.” The Russian news media had to report only Putin’s line or face severe penalties. They who control information control the people. Some CENSORSHIP

of news and info is happening in many countries including the USA. Tyrants like Putin should not be allowed to have the power to jerk the Nuclear hair trigger which can cause our extinction. This is a terrible reality now. 35

Corporations and governments put out some misinformation as do and special interest groups who are promoting their agenda and they also cover up things.

Remember: Actions speak louder than words.

Find out what they are really doing. Follow the money.

COMPUTER and FONE VIRUSES are out there and you

need to install anti virus software to protect yourself.

There is a free operating system that works with most computers that you can use to get your computer going again if your windows operating system crashes. First download Linux Mint free from http://linuxmint.com You then put it on a USB Stick. Then if ever your computer crashes plug this in and turn the computer on. In a few minutes you should have a working computer running completely from memory and not changing anything in the computer. And since there are virtually no viruses written for this operating system, there is no virus threat so you can visit any website without worry.

INVASION OF YOUR PRIVACY. Beware Google and

other websites may sell your information. But there are alternative search sites. duckduckgo for example.

“Phishing” is getting a fake email that looks like it is from your bank saying there is a problem and asking you to send a gift card number. There are also many fake look alike websites.

Beware look at the web address. Compare that with your real bank’s web address. 36

Our federal government and some corporations are building big databases on us. The Fed records most of what you do on the Internet and what you say on the fone and all of your locations, and they record your financial information. Your pictures are in the FBI database. The schools, your bank, credit union, internet service provider and even your doctor are all required now to share your information with the government. Voters addresses are now semi public. Home addresses are no longer private.

Google it and you will see your home, zip code, a complete description of your home with picture sometimes with your car in the driveway.

I looked at Google maps and saw a car that my neighbor was hiding in his back yard behind his garage the next day after he parked it there because he couldn’t afford a plate for it which requires insurance and he was laid off and the city does not allow unlicensed cars even on your own property. (if they find it they tow it then levy huge charges) They have towed RVs that had good plates because RVs aren’t allowed. Some cities don’t allow you to have a car without plates, or allow you to work on your car on your own property. You can get a ticket for changing your oil. This is way more government intrusion than is necessary.

Many people already got speeding tickets from remote cameras. Cities are buying cameras that read license plates of cars to find those which have expired or are wanted by police.

And those cameras in intersections can also do personal surveillance of you with face recognition.

Technology is available to those in power to be able to hear talking in rooms. Satellites you cannot see can now identify people looking up anywhere. Privacy is dead.

LOSS OF FREEDOM People around the world are losing their freedom even here. People have been fired for some-thing they said or posted on social media. A teacher was fired for saying in a private e-mail that “All lives matter.” We have freedom of speech by law. Don’t allow so called anti hate laws as these are a ruse to take away your freedom of speech or to speak up against wrongs.

STEALING OF YOUR INCOME The rich have made

themselves richer by hoarding profits and not sharing with the workers. About one half of our citizens are now living near the poverty line while the rich are growing richer every year. The banks and corporations receive huge tax breaks and government subsidies while us workers must work more than one job just to make ends meet. The fed gives rich bankers 0

interest loans but you and I are shown no mercy. The rich continue to buy up homes to rent out and build high rent units causing a huge crisis in affordable housing.

The science of manipulating people has advanced so much that with the combining of info tech, biotech and manipulation science the manipulators (advertisers, corporations, governments, and people who want more power) are about to use your personal data to get you to actually want to do what they want because they will know your psychology.

So, beware you are about to be scientifically psychologically manipulated not only to buy things but to do what the people in power want you to do.

It is a good idea to think for yourself before you act.

Oligarchs (the rich and powerful) are increasingly collecting info about you and are putting into place surveillance which is used by tyrants to control populations. (like in China, Russia, N Korea and perhaps coming here.) Humans like to make up stories which are easier and more fun than examining the facts to explain things. Then other people believe the stories without question which is how religions got started and were continued because people didn't ask questions to find truth or they believed hearsay and uneducated opinions instead of seeking the truth for themselves. Often false stories are made up to justify acts and even wars. Millions of people over time, have died or been imprisoned because of false stories.

Another potential threat to your family comes from a huge, secretive cult. Unlike religions which deal with the supernatural or follow God cult members follow a human.

Members of cults are usually not free to leave the cult or question the leader's statements. In religions people just believe what they choose, pray to God and are free to choose another religion and even disagree which is why there are so many denominations. Cults follow a human leader like Jim Jones, who had 900 of his followers including children drink poison Kool Aid and did not allow anyone to leave. Cult leaders often have special privileges such as sex with younger members and may punish those who criticize them. Many are of course corrupt with power. 39

The 2 billion strong cult is mentioned here because some of its members are a serious threat to your family. 10,000 Americans and many innocent children have been killed by them. The cult leader who they follow was a warrior who used great motivating tools for getting his men to follow him. He gathered a group of warriors. threatened that anyone who disagreed or left group would be killed, (and did, now there is motivation) told them God commanded them to follow him and wage holy war to grow the cult he labeled as a religion but since he was God's spokesman they had to follow

him. Anyone who questioned this was killed. He said they must submit and recite his verses 5 times a day. He rewarded these warriors with booty, sex with young slaves, dictated that all women and girls must submit to men. He claimed he talked with God often, and that God said that he was allowed more wives than anyone else and that it was ok to have sex with a 9-year-old child and also with his daughter in law. He got 1/5 of the loot from plundering and profit from selling families into slavery, girls for his slave haram. They killed peaceful farmers to steal their property, for 1400 years and are continuing this jihad in Africa now. The golden rule is not found anywhere in the Quran because they are commanded to jihad (holy war) and it would get in the way of the male domination of females who are at risk because of this secretive cult. All modern cultures have accepted the Golden rule as the standard of conduct. (Do unto others only as you would want done to yourself.) 40

This 2 billion strong cult is spreading around the world with a goal of world domination. After killing nearly 3000 on 9-11

and an additional 174 Americans here, they are in stealth mode while they are importing members and recruiting with the goal of creating an Islamic State in the USA. They are a growing problem around the world because their law takes away human rights to women and non Muslims. Want proof look at the Middle East which was peaceful Christians and pacifist Buddhists. But those peaceful folks were not allowed to pack up and leave. They were slaughtered. 60 million Christians, 10

million Buddhists from Afghanistan. And their children were sold into slavery in the last 1400 years by jihad. The Quran orders “Slay nonbelievers.” The cult is kept strong because anyone who disagrees, tries to change it, or leaves is killed even today in M countries. Women must submit to men, must be covered from head to toe and can be “honor” killed if they disobey. Women are not free to dress as they wish. If they become a victim of a sexual attack they are painfully stoned to death. See reference sheet. Young girls can be sold off into marriage even over objections of their mother. There is no punishment in Islamic law for killing or raping Non Muslims.

They form no go zones where the police are afraid to go. They could be a serious threat to your family here and overseas.

Many Americans have already been killed by them. You have not heard about this because this news is often censored by our partly Saudi owned media. 41

The crusades were an effort to retake areas and cities from the Muslim invaders. We are still at war with Islamists who have not gone away and are still setting off bombs in public places around the world like they did at our Boston Marathon killing 3

innocent children and injuring 200 people. I have to tell the truth even though it is not a pleasant fact because this could affect you. (see references)

Here is a comparison between actions of their cult leader and followers and Jesus. Jesus taught nonviolence love and kindness & Golden Rule. Jesus taught love thy neighbor Mat 20 34-40 had no slaves, did not abuse women or children. Did not rob, rape, steal or participate in wars. No suicide bombings ever for Jesus.

The Quran commands in many verses: “slay nonbelievers”

Muhammad ordered jihad 65 military raids, plundered villages, killing hundreds of people, selling women and children into slavery, abused & raped, used and sold slaves. Md followers killed thousands in many suicide bombings in public places.

Social workers report a high level of abuse of women and girls in their areas. Women must submit to men and are not free to dress as they want under threat of being be honor killed. You see them covered from head to toe even on record hot days and Female rape victims are painfully stoned to death.

We civil humans agree that anyone who kills or would kill another over a matter of opinion is a sociopath or criminal who should be deported. Your family is at risk. 42

See more facts at http://thereligionofpeace.com My local church just told me about an Immigrant family they were helping. They thought that the young girls were his children but were shocked to discover the young girls were his wives. He told them you can’t stop me because it is my religion and we have freedom of religion here.

Also I am a college teacher and was asked privately by a tearful college student what she could do because a cruel brother had snapped a picture of her without her head covering when she was changing clothes and was threatening her. This happened in Michigan. Yes true.

Possible attacks on Your family members

There are attacks on innocent people almost every day some where around the world by this cult. See the daily report at thereligionofpeace.com and https://robertspencer.org/

Which are fact-based websites.

As the M population in the USA increases so will the attacks because many of the younger ones are more radical. (per Pew research study) Here are a few examples of victims. Lift driver, shoppers at supermarket, girl whose M father felt she was too Westernized, college students, shoppers in mall, 13-year old girls, store clerk, all innocent bystanders.

And the Quran tells them that if they die fighting they instantly go to paradise (9-111, 9-123) which has led to hundreds of suicide bombers around the world. Most often they set off their bombs in public places.

Those of us in the US military stationed in their countries often saw first hand the abuse of women.

Actions speak louder than their lies or mere words.

As a veteran myself, I must speak up for those abused, as to not do so would be cowardly. I am proud to be one of the brave who stand up for what is right.

To see wrong and do nothing about it is cowardice.

We live in the land of the free because of the brave.

Attention if you have a sister, wife or daughter or if you are female and travel to some M areas in the USA and M countries there is a possibility you could become a victim. This has happened. (see references)

ENVIRONMENTAL CRISIS

Scientists have discovered that the environment of earth is at crisis point of going toward overheating with increasing mass extinction over the already thousands of species which have become extinct. I am old and can testify that we did not have as many weather extremes or number of severe storms a we are having now. Unless mankind acts now to stop pollution we will be one of the species to become extinct. This is no joke. Greta Thunberg was right. She is the teenage girl who spoke to the United nations about it in 2019 and warned them that science is clear and that we need to take action now. She was ignored by most of the world and now we have a world ecological crisis for real.

CHANGES IN THE JOB SCENE

Automation has put thousands of humans out of jobs and will soon put many more humans out of jobs. Computer programs with artificial intelligence called bots 44

will soon be able to do more than half the human jobs and do them faster and better, work 24/7 all without pay. More and more jobs are based on

knowledge and working from home so it is wise to get job knowledge for jobs that will not be automated. For example: cyber security or robotics.

Good News you can get this knowledge free from some of the thousands of free classes online. Use your time wisely.

We could soon have thousands of people laid off work.

How are they going to get income? There will be so many that welfare will not be practical. There is a good solution called basic income. The best way to create a basic income for all with the least taxpayer dollars is to accept the free money from the sun each day. Create jobs by setting up solar panels on public land. Then insist the utility companies close their coal fired plants and buy the free energy generated from this free solar power and helping the environment. Since this energy is delivered daily for free from the sun we don’t have to pay the sun and there is almost zero maintenance cost on solar panels so there would be large profits that could be put into a public fund and give every citizen an equal share of that fund thus giving everyone a basic income. Everyone would have basic income at no taxpayer cost eliminating poverty and welfare.

We just have to make the profits go to the public fund not into some rich people’s pockets. People would still be free to work and make more money. This would be a win win for all.

45

GOOD NEWS IN TRANSPORTATION

How would you like to get rid of car expenses

and car insurance expense? Something called collaborative consumption is happening in many cities. First, they are bringing in scooters, bikes and cars placed in small parking areas around a city. If you need to go somewhere pick your vehicle and rent it for 10 minutes to a few hours.

Save big money.

Autonomous cars save lives because autonomous vehicles do not speed, get drunk, get distracted by texting. A huge bonus is there will be a huge reduction in accidents and traffic deaths.

Just tell the car where you want to go.

GOOD NEWS IN HEALTH

Medicine is getting better at preventing illness. Human life span will be increasing so we can be healthier for longer and feel better. Nurses will become nurse practitioners because the best doctor in the world Watson is a super computer computer doctor who knows more than all humans and will be in your nurses' cell fone telling her what to do.

GOOD NEWS FOR ALL HUMANS

RFID chips now in money and cards are tiny electronic circuits smaller than this dot (.) Hitachi has now made them as small as talcum powder. When a radio frequency wave is shined at them they send back a long unique code number.

RFID powder can be placed on or in almost anything such as crops for example and then at a later date inventory. 46

If it is discovered this crop has food poisoning, an e-mail can be sent to stores and food places to alert them and a scanner can scan the inventory and any packages of that crop can be removed thereby saving lives. RFID powder can be used for efficient inventory and the tracking of just about anything and everything including people.

Computers with with artificial intelligence which is really advanced computer programming advanced algorithms will analyze your things and make useful suggestions. Amazon does this already and almost immediately it gives you ideas and shows you other things you might like to buy. Amazon sells even more things and customers are happy. AI can be helpful. I spent 20 years trying to find my grandmother's maiden name looking at microfilm. I went on Ancestry and in five minutes it's artificial Intelligence found her maiden name. You will see more and more computer programs with artificial intelligence will be analyzing data and helping you. They will usually be accurate and very useful to you. And will certainly be used in the health and medical fields.

More education will be Free Anywhere

by using your fone or laptop. And there are already thousands of free and low-cost video classes online.

Paying for a test for credit is a lot less expensive than sitting in a class. Education will be spread free to everyone with a cell fone. 47

And with big machines building underground weather-proof subways to everywhere, someday we could just sit back and relax and not even worry about flat tires or auto repairs, or traffic or parking hassles. We can make these free to all.

Humans finally Free of work for a Wonderful Life If the bots and robots took over the tedious boring and dangerous jobs, that could free humans up for more creative, interesting and enjoyable things like world travel, and dining out at scenic locations. And of course, as technology improves if humans use it for the good of all, we can create a better world and better life for all if we choose to do so.

But the working people need to make it happen otherwise the rich will just work on getting power and money but they can’t take it with them. They can only leave a legacy of good or bad things they did. Most people accomplish little in their lives by living only for themselves. Others have helped improve things.

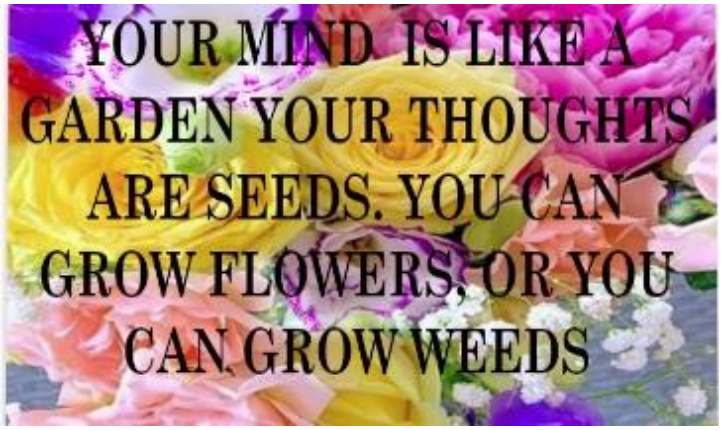
YOU HAVE POWER and time. Become part of the solutions to the problems facing us. Take a stand for what you think is right and for what you think will be solutions to problems. That starts with a single action of thinking about things, seek information, look for solutions, talk with others, making a plan and work your plan. Seek others who may want to help. See Improving Things for All on Facebook groups.

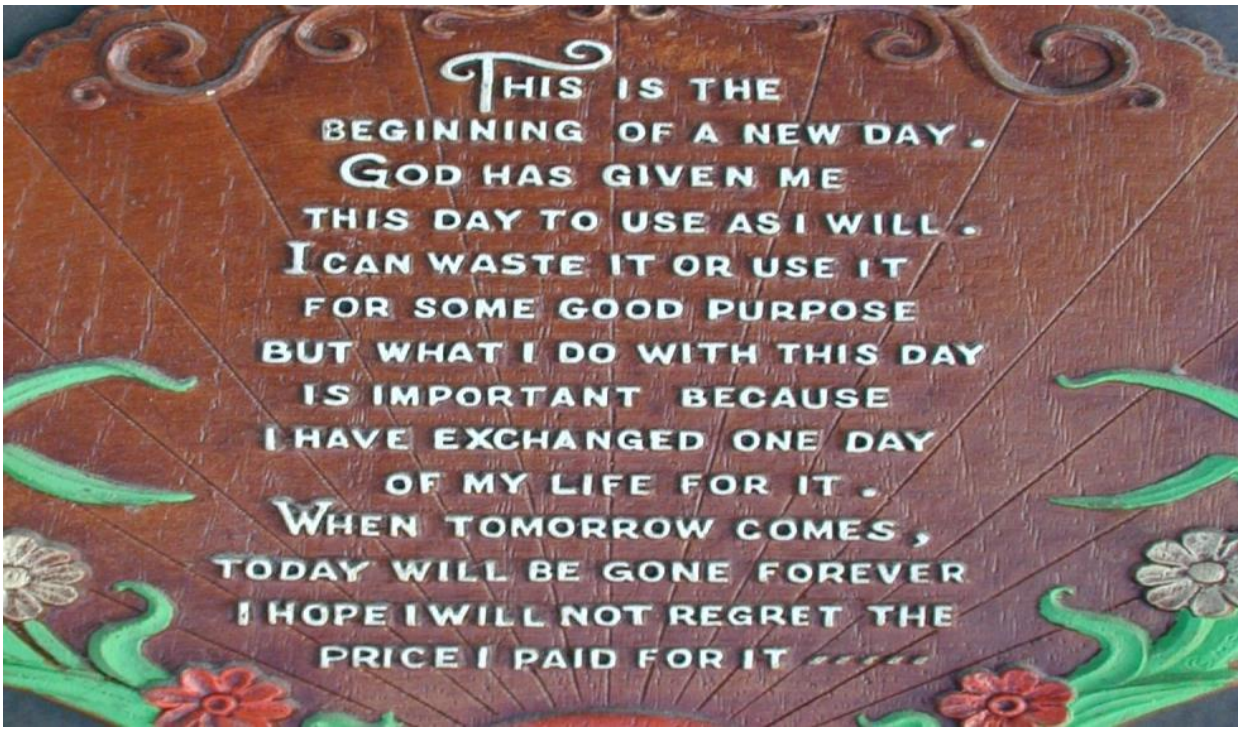
All for one, one for all, united we survive

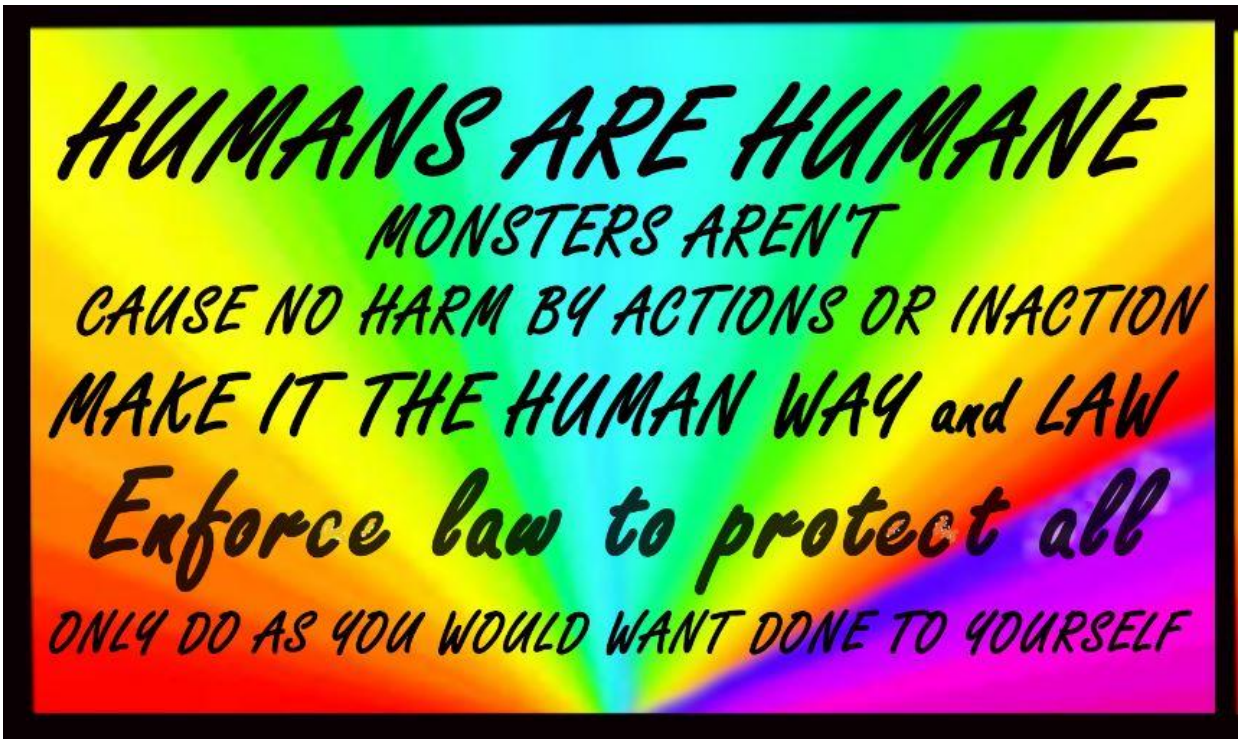
divided we fall.

BE KIND DO GOOD That is important.

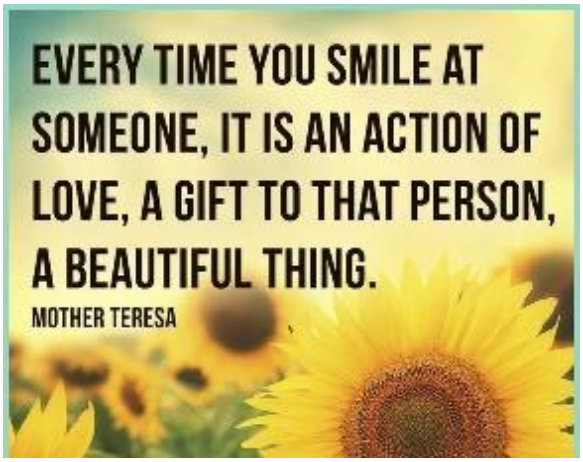
48


YOUR MIND IS LIKE A
GARDEN YOUR THOUGHTS
ARE SEEDS. YOU CAN
GROW FLOWERS, OR YOU
CAN GROW WEEDS

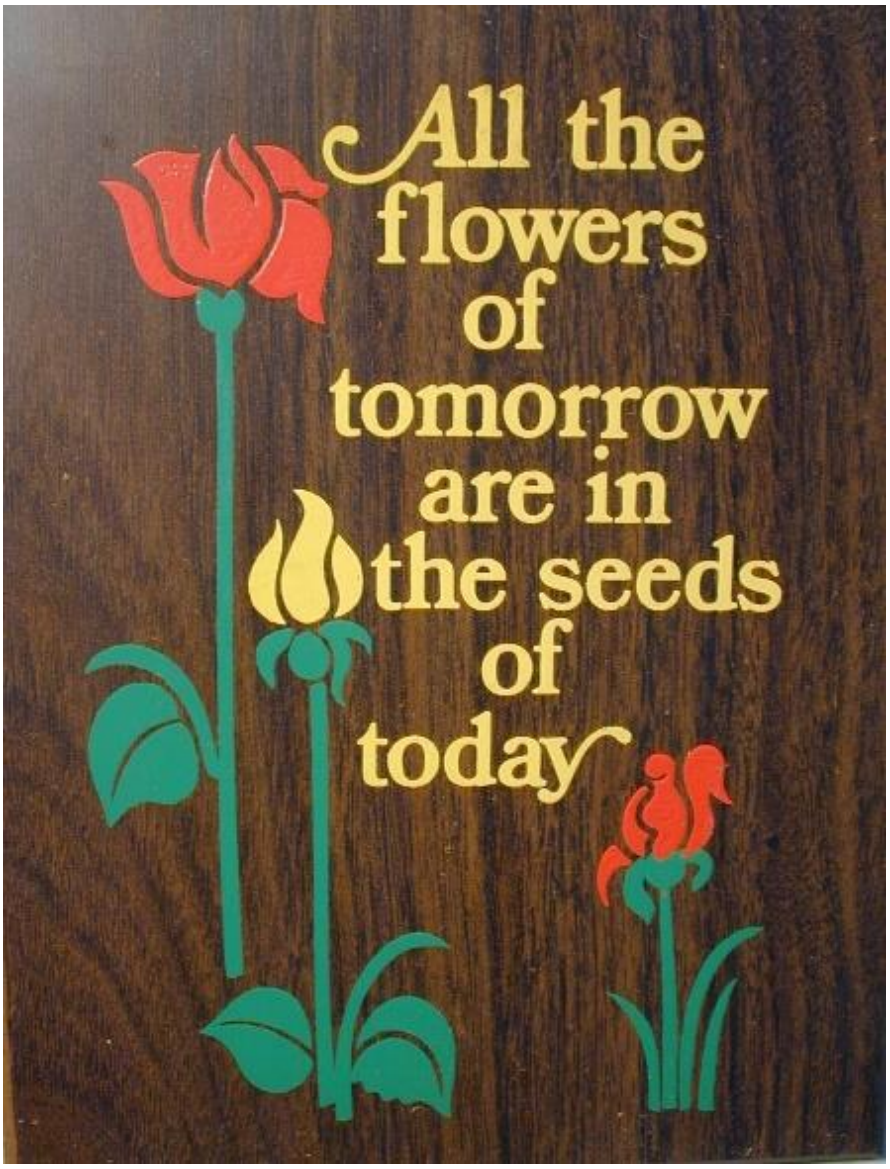

THIS IS THE
BEGINNING OF A NEW DAY.
GOD HAS GIVEN ME
THIS DAY TO USE AS I WILL.
I CAN WASTE IT OR USE IT
FOR SOME GOOD PURPOSE
BUT WHAT I DO WITH THIS DAY
IS IMPORTANT BECAUSE
I HAVE EXCHANGED ONE DAY
OF MY LIFE FOR IT.
WHEN TOMORROW COMES,
TODAY WILL BE GONE FOREVER
I HOPE I WILL NOT REGRET THE
PRICE I PAID FOR IT ------


HUMANS ARE HUMANE
MONSTERS AREN'T
CAUSE NO HARM BY ACTIONS OR INACTION
MAKE IT THE HUMAN WAY and LAW
Enforce law to protect all
ONLY DO AS YOU WOULD WANT DONE TO YOURSELF

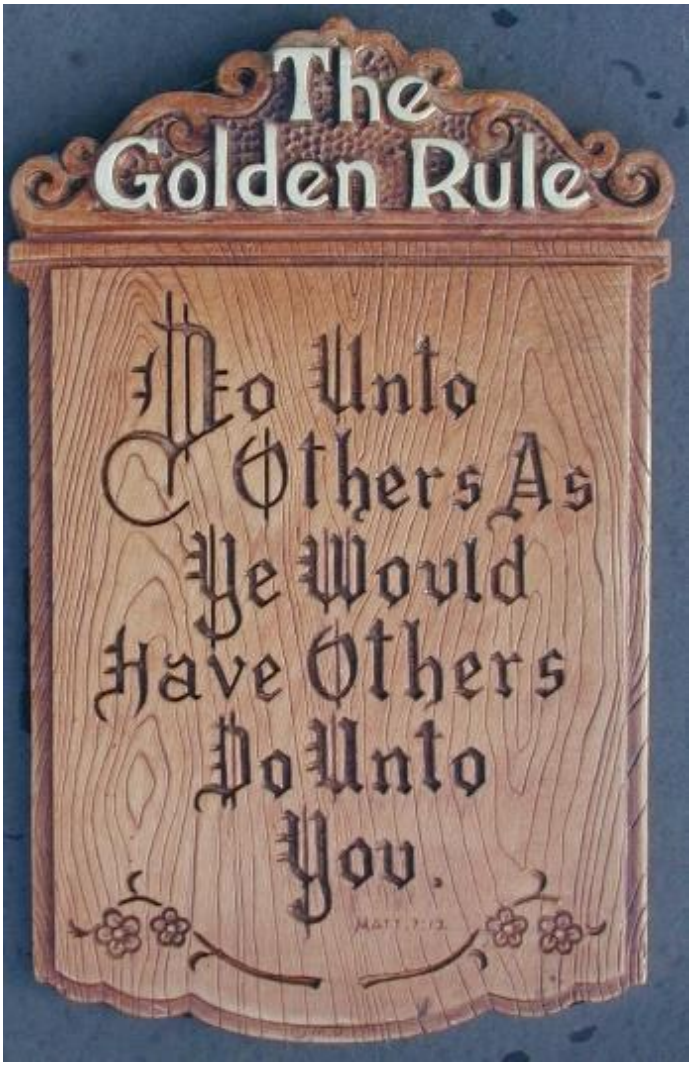
Kindness is
FREE;
LET'S
pass it on
#WorldKindnessDay

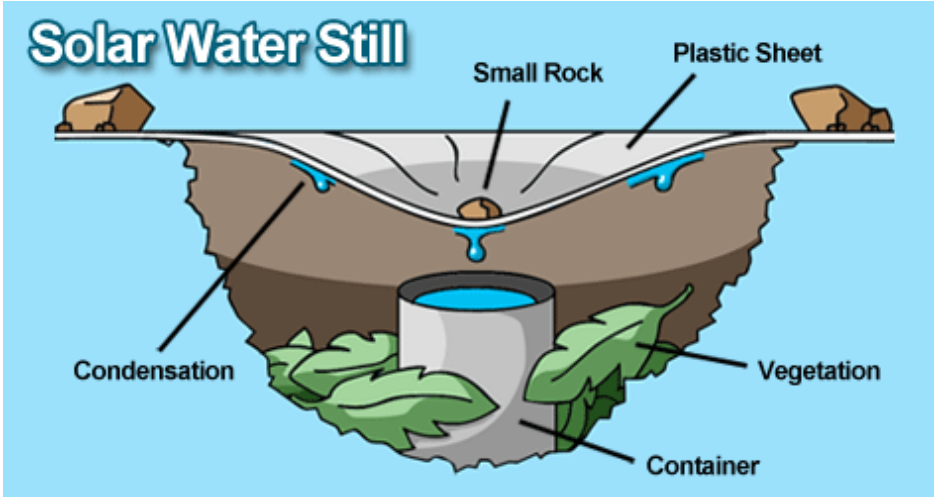

EVERY TIME YOU SMILE AT SOMEONE, IT IS AN ACTION OF LOVE, A GIFT TO THAT PERSON, A BEAUTIFUL THING.
MOTHER TERESA

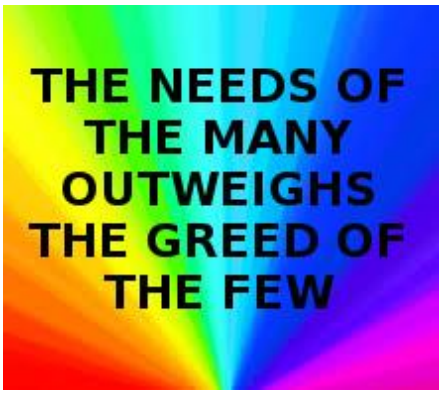
What this world needs is a new kind of army -
THE ARMY of the KIND
~Cleveland Amory


All the
flowers
of
tomorrow
are in
the seeds
of
today

Wherever there is a
human being, there
is an opportunity
for kindness.


The
Golden Rule
Do Unto
Others As
Ye Would
Have Others
Do Unto
You.
MATT. 7:12

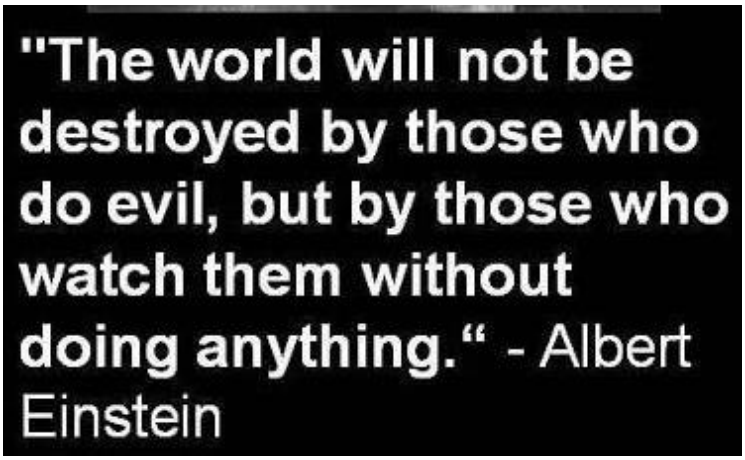

Solar Water Still
Small Rock
Plastic Sheet
Condensation
Vegetation
Container

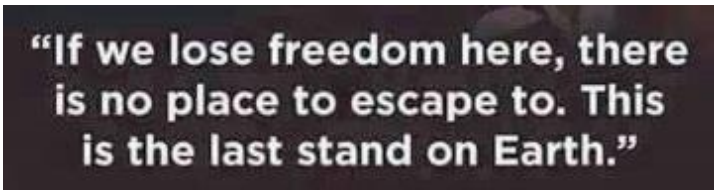

THE NEEDS OF
THE MANY
OUTWEIGHS
THE GREED OF
THE FEW

"When you look for the good in others, you discover the best in yourself."

Boston Marathon bombing victims

[redacted]





Children killed in

Islamic attack here.

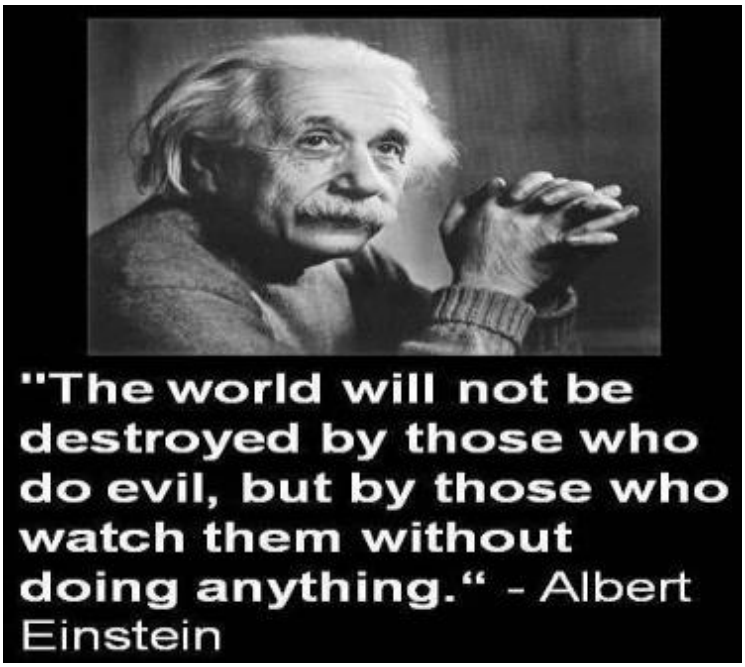
Save your life piece of

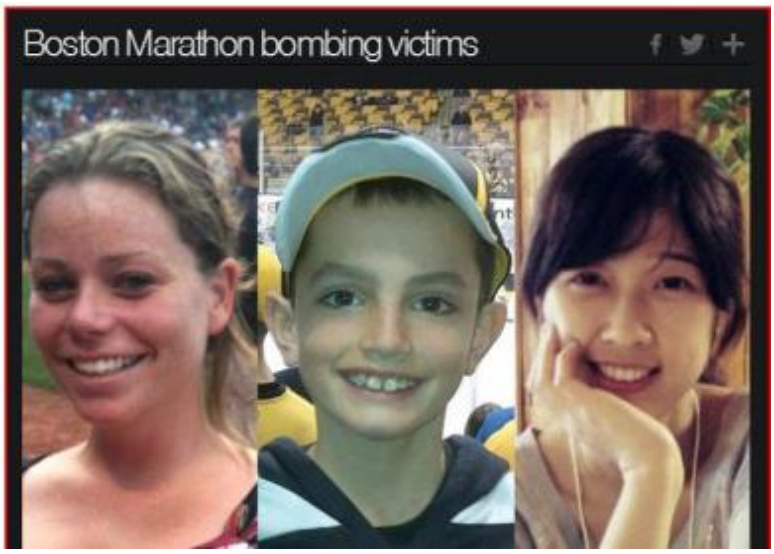
plastic solar water still.

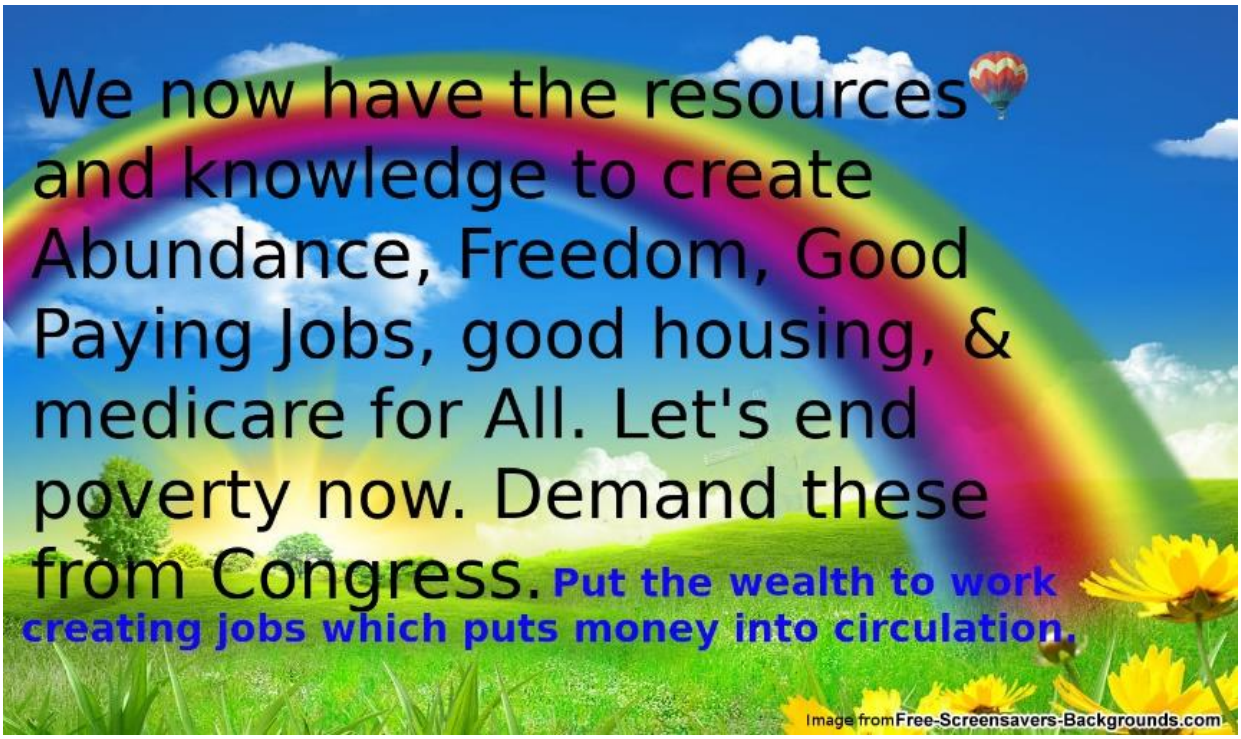
HUMANS ARE HUMANE
MONSTERS AREN'T
IT IS OUR DUTY TO STOP
ABUSE, SUFFERING, KILLING,
HUNGER and SLAVERY NOW
CAUSE NO HARM BY ACTIONS
OR INACTION

LOVE, KINDNESS,
WISDOM and
SCIENCE are free
and happy
solutions to
most problems.

"The noblest question in the world is What Good may I do in it?"




Boston Marathon bombing victims



Kayla Mueller Humanitarian worker. Search

Google see why she is a real hero. Find out

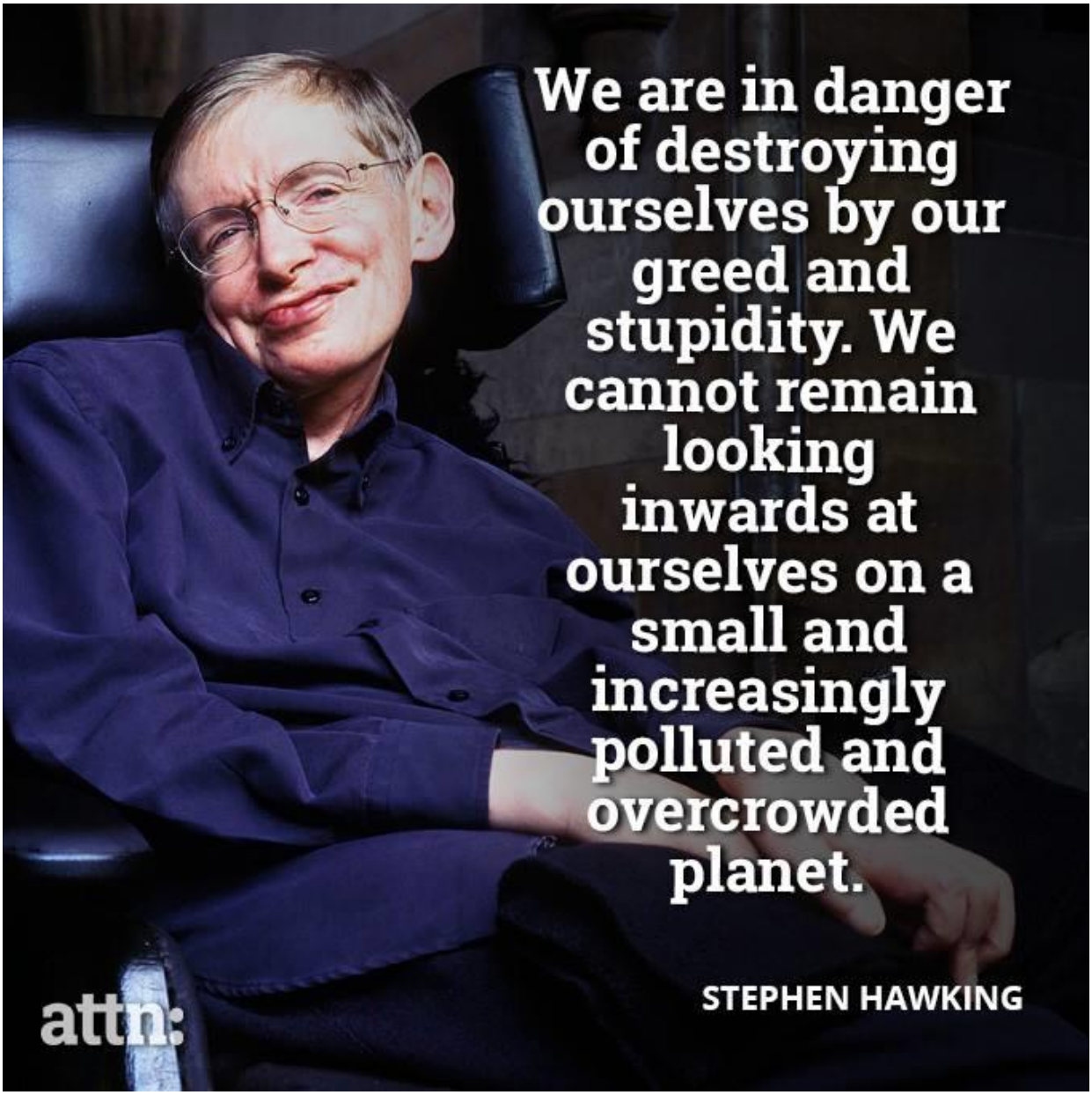
who pulled her fingernails out painfully with

pliers when she refused to deny her faith that

Jesus was a great man who taught Love One

Another and to treat others as one would like to be treated yourself.

Below innocent children killed by Islamic attack at Boston Marathon


We are in danger of destroying ourselves by our greed and stupidity. We cannot remain looking inwards at ourselves on a small and increasingly polluted and overcrowded planet.
STEPHEN HAWKING
attn: